

START YOUR GARDEN STRONG

A Beginner's Spring Guide

Early April is the perfect time to dig in—literally. Whether you're growing herbs on a windowsill or prepping a backyard plot, here's how to plant with purpose.



GET STARTED CHECKLIST

- Seeds or starter plants
- Gardening gloves
- Trowel or small spade
- Organic compost
- Planters or a patch of ground
- Time to breathe and enjoy

1 PICK YOUR PLOT

- ☼ Look for a spot with 6+ hours of sunlight
- ☼ Keep it close to home—if you see it, you'll care for it!
- ☼ Raised beds or containers? Great for beginners

2 CHOOSE WHAT YOU'LL GROW

Start small with these early-spring favorites:

- ☼ Lettuce, spinach, kale
- ☼ Carrots and radishes
- ☼ Peas and green onions
- ☼ Herbs like basil, parsley and chives

Think about what your family eats—and what brings you joy to grow.

3 PREPARE YOUR SOIL

- ☼ Loosen the soil about 8 inches deep
- ☼ Mix in compost or organic fertilizer
- ☼ Remove rocks, roots or old mulch

Good soil = a fruitful garden. Don't skip this step!

4 WATER WITH WISDOM

- ☼ Water deeply but not too often
- ☼ Mornings are best to avoid fungus
- ☼ Use a rain barrel or drip system if you can

5 TEND YOUR SPIRIT, TOO

Gardening slows us down and brings us back to God's pace. As you plant seeds, remember:

"They shall sit every man under his vine and under his fig tree, and no one shall make them afraid."

-Micah 4:4 (NIV)

It's not just about growing food—it's about cultivating peace.

