

ORGANIZING *Your Life*

TIPS FOR A CLUTTER-FREE HOME

Feel like you can't relax in your own space? You're not alone. A clutter-free home can bring peace of mind—and it's easier than you think. Here are five simple steps to get started:

1. 5-Minute Reset

Before bed, spend just five minutes tidying main areas like the kitchen and living room. Make it part of your nighttime routine!



2. The Daily Pick-Up Challenge

Make clean-up fun for the whole family. Give each child a basket and challenge them to return items to their spots before bed—race included!



5. Label Everything

Use washi tape, markers or a label maker to clearly mark bins, pantry jars and shelves. When everything has a "home," tidying becomes a breeze.



4. Create a Drop Zone

Designate a space near your front door for keys, bags and mail. It keeps clutter from sneaking into the rest of the house.

Start Small, Stay Consistent

You don't need to declutter the whole house at once. Pick a category—like clothes or books—and set a small goal (like 10 items a month). Over time, these small habits create a lighter, calmer home—one that blesses everyone who walks through the door.