

WOULD YOU KNOW RINGWORM

IF YOU SAW IT?

Ringworm is a common, easily-treated skin ailment caused by fungus. This fungus thrives in warm and moist environments, so ringworm tends to affect active people whose bodies sweat more often than others.

TOP 3 MYTHS ABOUT RINGWORM

“IT’S NOT CONTAGIOUS.”

Wrong. Actually, ringworm is **indiscriminately contagious** — you can catch it directly from other people, by touching infected surfaces or fabrics, even from contact with your pets!

“IF YOU CAN’T SEE IT, YOU DON’T HAVE IT.”

Wrong again. Ringworm’s **incubation period** can last for days. You have it long before it’s visible to the naked eye.

“YOU NEED ANTIBIOTICS TO TREAT IT.”

Thankfully, wrong as well. A simple over-the-counter **anti-fungal cream** cures ringworm. No doctor’s visit needed.

WHICH OF THESE SKIN CONDITIONS IS ACTUALLY RINGWORM?

Visually, ringworm is best identified by its namesake “ring” shape, which is round and red with a slightly raised perimeter. See if you can tell which of the diagrams below is an example of ringworm.



ANSWER: B is an example of ringworm. A is eczema, C is a skin abscess, and D is a sunburn.