## **GETTING THE RIGHT CARE**

## Where should you go when you don't feel well?

Life happens. One minute your kid is up in the tree house and the next they're coming to you with an arm that doesn't look so good. Sometimes that tickle in your throat makes you wake up without your voice. Whatever happens, it's important to know where to turn. Print this sheet out to keep on your fridge or in your purse, or take a screenshot so you can make decisions quickly about where to find the best care.

	DOCTOR'S OFFICE	URGENT CARE	EMERGENCY ROOM
BUDGET	Lowest cost on average	Higher co-pay than your primary care physician but lower than emergency care	Highest cost on average
WAITTIME	Appointments ensure the shortest wait time	Wait times may vary but are typically shorter than an emergency room	Wait times vary depending on condition and capacity but are typically longer than urgent care, especially during flu season
HOURS	Most offices are open from 8 a.m. to 5 p.m. Monday through Friday with some weekend availability	Location hours vary but most operate from 8 a.m. to 8 p.m. seven days a week	Emergency care is available 24 hours a day, seven days a week
TYPE OF CARE	<ul> <li>Abdominal pain</li> <li>Allergies</li> <li>Checkups</li> <li>Colds</li> <li>Coughs</li> <li>Cuts</li> <li>Diarrhea</li> <li>Fevers</li> <li>Flu</li> <li>Headaches</li> <li>Infections (ear, eye, respiratory, sinus)</li> <li>Minor burns</li> <li>Minor head injuries</li> <li>Nose bleeds</li> <li>Preventive care</li> <li>Rash and skin irritations</li> <li>Sore throat</li> <li>Sprains</li> <li>Treatment for illnesses such as asthma and diabetes</li> <li>Urinary tract infections</li> <li>Vaccinations</li> <li>Vomiting</li> </ul>	<ul> <li>Abdominal pain</li> <li>Allergies</li> <li>Colds</li> <li>Coughs</li> <li>Cuts</li> <li>Diarrhea</li> <li>Fevers</li> <li>Flu</li> <li>Headaches</li> <li>Infections (ear, eye, respiratory, sinus)</li> <li>Minor burns</li> <li>Minor head injuries</li> <li>Nose bleeds</li> <li>Rash and skin irritations</li> <li>Sore throat</li> <li>Sprains</li> <li>Urinary tract infections</li> <li>Vomiting</li> </ul>	<ul> <li>Any severe or life threatening conditions</li> <li>Acute changes in vision</li> <li>Chest pain</li> <li>Confusion or disorientation</li> <li>Coughing blood</li> <li>Loss of consciousness</li> <li>Overdoses</li> <li>Seizures</li> <li>Serious accidents</li> <li>Severe abdominal pain</li> <li>Severe allergic reactions</li> <li>Severe burns</li> <li>Shortness of breath</li> <li>Trauma</li> <li>Uncontrollable bleeding</li> </ul>

Franciscan Health provides care for every situation. Need a doctor? Visit FranciscanDocs.org to make an appointment. Need care quickly? Find a Franciscan ExpressCare location for a walk-in visit. If you find yourself in need of emergency care, our world-class emergency rooms at all major hospitals will get you back up and going as soon as possible.

